SUN CITY CORE COURIER

Sun City Civic Association Newspaper • JULY/AUGUST 2013 • www.SunCityCoreCourier.com

PRESIDENT'S MESSAGE

Now, I'm hearing...hot enough for you yet? We are in the throes of why we moved to Southern California!

Priority wise several things come to mind as the focus for my column. What looks like neglect of our campus is really a work in progress and is evidence of a much needed and long overdue facelift. We were able to participate in a recent program sponsored by EMWD involving a Turf Buy Back program. The SCCA will receive $10,000 from them in exchange for 10,000 sq. feet of turf. The caveat is, we need to replace grass with water wise ground cover. Maintenance staff is diligently working to spruce up our campus. Expect a new look by fall as well as less money will be spent in maintaining our landscape, with the cost offset by this program.

What if...we had a huge fire such as the Powerhouse fire or if we were the victims of a tornado such as the one which caused all the loss of life and damage to homes and property in Oklahoma. What if we should have an 8.7 earthquake? Point being, we have received the $5,000.00 grant

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Healthy Aging Seminar scheduled

The Menifee Sun City Concern is pleased to sponsor a Healthy Aging Seminar for those interested in learning the latest on advances in medicine for healthy aging people. Doctors and scientists from the SALK Institute in La Jolla, California will be presenting their newest findings.

The event will be held Thursday, July 25 from 2:00 - 4:00 p.m. and is **free** and open to the public. The seminar will be held at the North Town Hall located at the Sun City Civic Association, 26850 Sun City Blvd., Sun City. Seating is limited, RSVP to Carol Red Sullivan at 951-492-1254, or 951-679-2374.

The Menifee Sun City Concern is a non-profit organization, and a SCCA "PSO" (Public Service Organization) dedicated to supporting independent living and offering "peace of mind" services to those at risk (including SCCA residents). In existence for 39 years, the group offers an information and referral registry, outreach program, a daily telephone reassurance program and a gatekeeper program.

The center, located at 26814 Cherry Hills Boulevard is an official "**Cooling Center"** during extreme heat for Riverside county. Hours of operation are Monday through Friday, 9 a.m. to 4 p.m. and offers Bingo on Wednesdays at 1 p.m. and Karaoke on Fridays at 5 p.m. For more information about the center call 951-679-2374. The center is currently seeking volunteers and is funded entirely from grants and donations.

Emergency Preparedness Committee Formed

And.... Yes..... another one.... The Board "officially" formed an Emergency Preparedness Committee! It too will develop their charter and begin working with Michael Anderson of the City of Menifee to get SCCA all set up and readied in the event of an emergency. Appointed to this growing committee were: **Eileen Parnell, Mary Bell, Mary Dempsey and Gary Barton**. Please consider joining! Committee Interest Forms are available in the Association office.

Guess What? We have a new one!

A new what you ask? A new Social Committee! Yep! One was officially appointed at the June Board meeting and **Ernie Benzor** has been appointed as the Chairperson of this new Committee. This new committee will be developing it's Charter for Board review and approval, and will continue to solicit for more residents to assist with the merry-making parties and events this group will plan for the residents of Sun City Civic Association. If you want a *fun* job, please come by the Association office and complete a Committee Interest Form!

You are needed!

Free tickets available for the X Factor Road Show

The X Factor Road Show is coming to Los Angeles! As a special treat for our Sun City Civic Association residents, families and friends to enjoy we have acquired FREE tickets for the television filming of the X Factor Show on July 11th in Los Angeles. You must wear formal clothing, preferably bright, solid colors and no backpacks or large bags will be permitted in the theatre. The dress code will be strictly enforced by the Facility so please adhere to their rules. For more information please contact the SCCA Office at 951-679-2311.

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THE SUN CITY CORE COURIER
31558 Railroad Canyon Road
Canyon Lake, CA 92587

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Race for the Cure to be held October 20th

This year in California alone there have been 25,360 new cases of female breast cancer found. However, breast cancer knows no boundaries - be it age, gender, socio-economic status or geographic location.

Many of our residents, as some of you may know, are breast cancer survivors and we here at the SCCA Office are tremendously proud of you! However, sadly many of us have also lost a friend, partner or family member to this terrible disease.

Let's come together on Sunday October 20th for the Susan Komen Race for the Cure at the Promenade Mall in Temecula to show our support for those who we have lost and those who have defeated this disease. You are welcome to participate in whatever way you want whether it be a 1.5km Fun Walk participant, "Proud in the Crowd" supporter, a "Sleep In" participant or donate to our SCCA Race for the Cure team.

Let's come together as a community, raise funds for this charitable cause and show cancer who's boss!

For more information on how to donate or to join the SCCA Team please contact the SCCA Activities Coordinator at 951-679-2311 or visit the SCCA Team Page at http://inlandempire.info-komen.org/site/TR/RacefortheCure/MUR_InlandEmpireAffiliate?team_id=262780&pg=team&fr_id=3318

It's coming, it's coming... Be sure to...

VOTE! At a May 11th Special Meeting, the Board voted to present the membership with a vote on whether or not to sell the AG Garden to EMWD and the Board selected a company to do the balloting. (The "members" have to vote to sell any land owned by the association.) At a June 14th Special Meeting, the Board voted to ask the membership for a vote on a new set of Amended and Restated Bylaws, which incorporates the changes occurring in homeowner association law (and they also selected a company to do that balloting.) At their June 25th meeting, the Board – after more review - voted to combine these two matters and place them individually, but onto the same ballot, (thus saving the Association over $7,200 in expenses). In mid-to-late July, legal owners of Sun City Civic Association will receive their Voting materials. This will include a ballot to be completed and mailed back in the (now required by law) double-envelope method directly to The Inspectors of Election. These are two very important questions being asked of you, the SCCA Member. Please take the time to vote YOUR opinion. Thank you ~ The SCCA Management Team

Monthly Board meeting to change evenings

Effective with the July meeting, regular monthly meetings of the SCCA Board of Directors will be held on the 4th *Thursday* of each month (instead of the 4th Tuesday). The time (7:00 p.m.) and location (Webb Hall) remain the same.

The change was made to enable more SCCA residents to attend the City of Menifee meetings, which are generally held on Tuesday evenings.

If you haven't been to a Board meeting recently, we encourage you to attend and view your Board of Directors at work, setting policy and making decisions that affect your community. There is always an "Open Forum" session at the start of each meeting, to allow members to address the Board with their concerns, compliments or complaints.

We look forward to seeing some new faces on the new night!

Mayor to address transition topics

The SCCA will be hosting a Town Hall Meeting with the Mayor Scott Mann in Webb Hall at 6:00 pm on Thursday, July 18th. The Mayor will be here to update SCCA residents on topics regarding the City of Menifee such as traffic, commercial and business developments within the city and other important topics of interest to our community. Come and be informed on what is currently going on in our city! We look forward to seeing you all there!

Mayor Scott Mann

SCCA Labor Day Celebration

The SCCA would like to invite you to join us in celebrating our First Annual Labor Day Celebration on Monday September 2nd, 2013 9am-3pm at the Sun City Civic Association Facilities. We will have food, games and contests for you to enjoy and don't forget to wear your red, white and blue! For more information or to participate contact the SCCA Activities Coordinator at 951-679-2311.

Maintenance staff standing tall and proud of their work! Pictured from left to right: Gustavo, Tom, Dion and Ryan.

New Cactus Garden!

After months of hard work, the cactus garden by the outdoor Greek amphitheater is officially complete.

In an effort to conserve water, reduce costs and create a lovely landscape for the Sun City Civic Association, the SCCA Maintenance Staff has created this exquisite cactus garden for SCCA Residents to enjoy. Congratulations, Maintenance Staff! You have done a great job!

Thank you for all the hard work you do to make the Sun City Civic Association a beautiful place to enjoy.

President's Message (cont.)...

◆◆CONTINUED FROM **PAGE 1**

from Supervisor Ashley and bought an emergency building and two new generators. We have a memorandum of understanding (MOU) with the Red Cross for use of our facilities during a disaster. It is time, now that Menifee has incorporated into a city with Emergency Services, to develop our own local plan and design a MOU with the SCCA, the city of Menifee and the Sun City Concern to create a plan to provide those services for our members. So far, I have received three names of volunteers who are willing to be in on the ground level to develop this plan. We need a few more volunteers willing to come forward. Complete a form at the office if you have a talent in this area. First step is to get a communication network up and running.

Lastly, members have had an opportunity to learn first-hand about the facts in two issues they will be asked to vote on from SCCA legal advisors. First, is the potential sale of 8.79 acres of land known as the AG Garden on Murrieta Road. The second issue is a newly restated and amended set of Bylaws. Make an informed decision based on facts instead of unsubstantiated and untrue rumors which may be circulated by those with agendas. You need to do your own research to arrive at your own conclusions in these very important issues facing the SCCA.

Rosemarie (Rosi) ElRite
President, SCCA

SUN CITY CORE COURIER
SUN CITY COMMUNITY ASSOCIATION • WWW.SUNCITYCIVICASSOCIATION.COM

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Volume I • Issue IV

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Pet Corner

A pit bull that attacked a Corona girl and her dog was euthanized Tuesday, May 14, Corona police Sgt. Kim Velasco said.

Velasco said Thursday that police are awaiting the results of a test on a tissue sample to determine whether the dog has rabies. The investigation is not complete, so no one has been cited, Velasco said.

Alex Cuevas, a 15-year-old Corona High School student, and Cocoa, Alex's 14-month-old Shih Tzu, were mauled May 10 while walking in their neighborhood. Alex's ear was almost severed, and was reattached by a surgeon. Cocoa had to have an eye reinserted into its socket by a veterinarian.I'm sure that some of you have read these stories and are becoming more concerned for your own safety when you and your dogs are out enjoying a nice walk. There have been 5 deaths so far just from the start of 2013. It isn't just the breeds fault for this happening IT IS THE OWNERS! Years ago, it was German Shepherds then Dobermans, Chows, Akitas, Rotties, Cocker Spaniels, and even Chihuahuas. One difference between the Pit bulls and the other breeds is that their jaws lock when they bite.

When I was doing rescue we mainly took in the above named breeds and yes, we had Pit bulls too. Some of these we rescued when they were young and had not been taught to fight, be aggressive or to kill. Hobo was a Pit and he was one of our nicest males in the group. He came into our pack a very scared half-starved dog that was very nervous around the others. He would growl and show his teeth when the others came around him. It took us a few months to gain his trust and to mingle him in with the others but he finally figured out that he was not going to go without food or be abused anymore, and enjoyed his life to the end.

I blame the owners for most dog attack problems. Some owners are lax in realizing just what

◆◆CONTINUED **PAGE 5**

Did YOU know.....???????

- That if you give a guest your SCCA Activity Card for their use, your Activity Card will be **confiscated** by the Facility Monitor? (Cards are only for residents)
- That your guest must be over 44" in height to be allowed in the pool? (So don't waste a trip with those tiny ones!)
- If you invite a guest to join you to attend a club activity or go to the pools with you, that you MUST be with your guest *at all times?* (What a great time to spend with that friend!)
- That Renters/Tenants are encouraged to attend Board meetings to stay apprised of what's going on in the SCCA, and pass the learned information on to your landlord?
- That the SCCA has a website (www.suncitycivic.com) that includes a calendar of all the Club and Public Service Organizations (PSO) scheduled events, listed with time and location of each event? (Copies are also available in the office for those without computer access.)
- That the Board, Maintenance and Finance Committee are all having a joint meeting on August 21st to hear a presentation on installation of Solar at SCCA? (Wow… what a cost saver that may turn out to be!)
- That we will soon have WiFi in Webb Hall and North Town Hall? Yep! The Board approved moving forward with this at their June meeting!
- Did you know that the SCCA Staff are very happy to assist you, and we're going to be removing that partition in the office so we don't appear so "closed off" to you (because we sure aren't!)
- Did you know we're killing the grass in some of the SCCA Campus areas *on purpose?* Yep! We're going to be installing drought-tolerant landscaping and save a LOT of money!

Singles!

No dues. Nothing to join.
Hundreds of friendly singles, 30 to 80.
DJ, dancing, personal ad wall, more!

Canyon Lake Country Club
32001 Railroad Canyon Rd
Saturday July 20th at 7:30 pm

$10 or $9 with this ad. Cut & Save

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for additional dates and times call
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Raffle @ 10:30am and 12 Noon with $5 Purchase

$2.00 Rebate

Bring this ad and any purchase from a market vendor to the market manager. (Nate) for a $2 rebate. Max one (1) rebate per household and 25 rebates each Friday market.

Cherry Hills Blvd @ Bradley Rd
Southside parking lot of Sun City Shopping Center

PAID POLITICAL ADVERTISIMENT

OPEN LETTER TO SCCA MEMBERS

Dear SCCA Member:

Soon you will be receiving a ballot with two separate issues of vital importance to the health and welfare of your Association.

The first is on the potential sale of the SCCA property known as the AG Garden. This amenity is used by less than a handful of members but has cost the membership just under $8,000 so far these two past years to maintain. Boards from the past four years have failed to adequately fund the SCCA Reserves. The Board is in negotiation with a potential buyer should the members approve the sale. This action would bolster your Reserves to a very healthy state.

The second issue is of extreme importance. During the past four years, a non-elected self appointed committee has made amendment changes to your ByLaws that have had serious consequences for the SCCA. Those amendments were not in compliance with the laws and statutes under which HOA's such as the SCCA are operated. Authority granted to your duly elected Board is being eroded by these amendments.

Please read both supporting documents carefully before making your decision. You are being encouraged to help your Association get back on the right track by your YES vote on August 29, 2013 on both of these measures. Thank you for your support. Rosemarie ElRite, President, SCCA Board of Directors

An opinion based on facts, SCCA minutes and finacials. UPMIgalpal@gmail.com

Pet Corner (cont....

◆◆CONTINUED FROM **PAGE 4**

damage these dogs can do and do not take their responsibilities serious enough to make sure that their yards and homes are secure at all times. When they take the dogs out, even to put in their vehicle, A LEASH SHOULD ALWAYS BE USED! Some of these owners believe that they have 100% control of their dogs and this is where they are only fooling themselves. The best-trained dog can be distracted. Then some innocent person, dog or both are hurt or killed. No one should ever have to go through this kind of trauma or worse!

Some states are now looking into ABA Resolution 100, which calls for generic dangerous-dog laws focusing on dogs' behavior rather than their appearance and punishing reckless owners, as an antidote to breed discrimination. Massachusetts passed a law banning breed-discriminatory legislation (BDL), but Boston wants a home rule law exclusion. It was explained by an attorney to the City Council that visual identification to determine breed is often wrong and breed is not the factor in dog bites. This battle is being played out in other states as well but in the meantime if pet owners of all breeds would take responsibilities for owning their pets no matter what kind they have, then these laws would not have to be enacted.

K9 Adoption garage sale

K9 Adoption had another wonderful garage sale and earned around $3,500.00 to help with all of the many expenses it takes to run a No Kill Adoption Shelter. It takes people here in Menifee/Sun City area to help out by donating things for their garage sales, donating money to help pay for things that have to be done to support all of the pets that come through their gates. If you have extra food for dogs or cats that you no longer need they will put it to good use. When you go shopping, how about buying a bag of food, and taking it down to them? There are so many ways that all of us can help the employees and volunteers at K9 to do what must be done, daily for these pets. K9 is located at: 26510 Murrieta Road, Sun City. 951-679-6444. They are open from 9:00 to 4:30…7 days a week. Go visit them…you might really be happy you did!

Now that summer is near and the weather is heating up make sure that your pets have plenty of water and shade. If they can be inside with you that is even better. The coyotes are coming in daily looking for the same things except their food could be our pets.

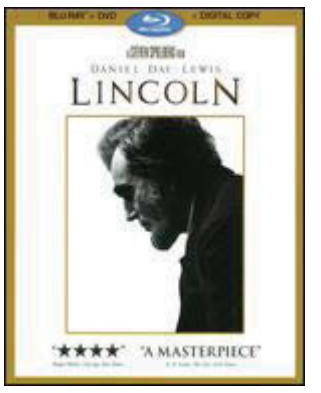
The Press Enterprise had a story in March about a dog that was in its own walled in yard and the coyotes came right over the wall and got the little dog! The 87 year old owner lives on Radford Drive and thought this was a well-protected yard. She thought maybe kids had come in and taken her dog so she drove around looking for her. This happened at 10:00 A.M. and in the afternoon she called the Riverside County Sheriff's Department. Usually the sheriff's department does not come out on lost animals but Tabor had reported her dog's disappearance as suspicious.

The Deputy arrived around 5:30 p.m. and as they spoke for a few minutes in the backyard, he happened to look over the wall and he heard a noise and there laid Sophie the lost dog. She had lost a lot of blood while they were looking for her but had hid in some bushes for all those hours.

The vet agreed that Sophie had been attacked by coyotes. The veterinarian said she was shook so hard it had torn her chest along with many gashes, a broken rib and torn ligaments.

Hopefully Sophia and her owner are doing fine now but whenever Sophia goes out I hope that her owner always goes with her.

Comments or Questions to Pat Thurman Petcorner2896@aol.com

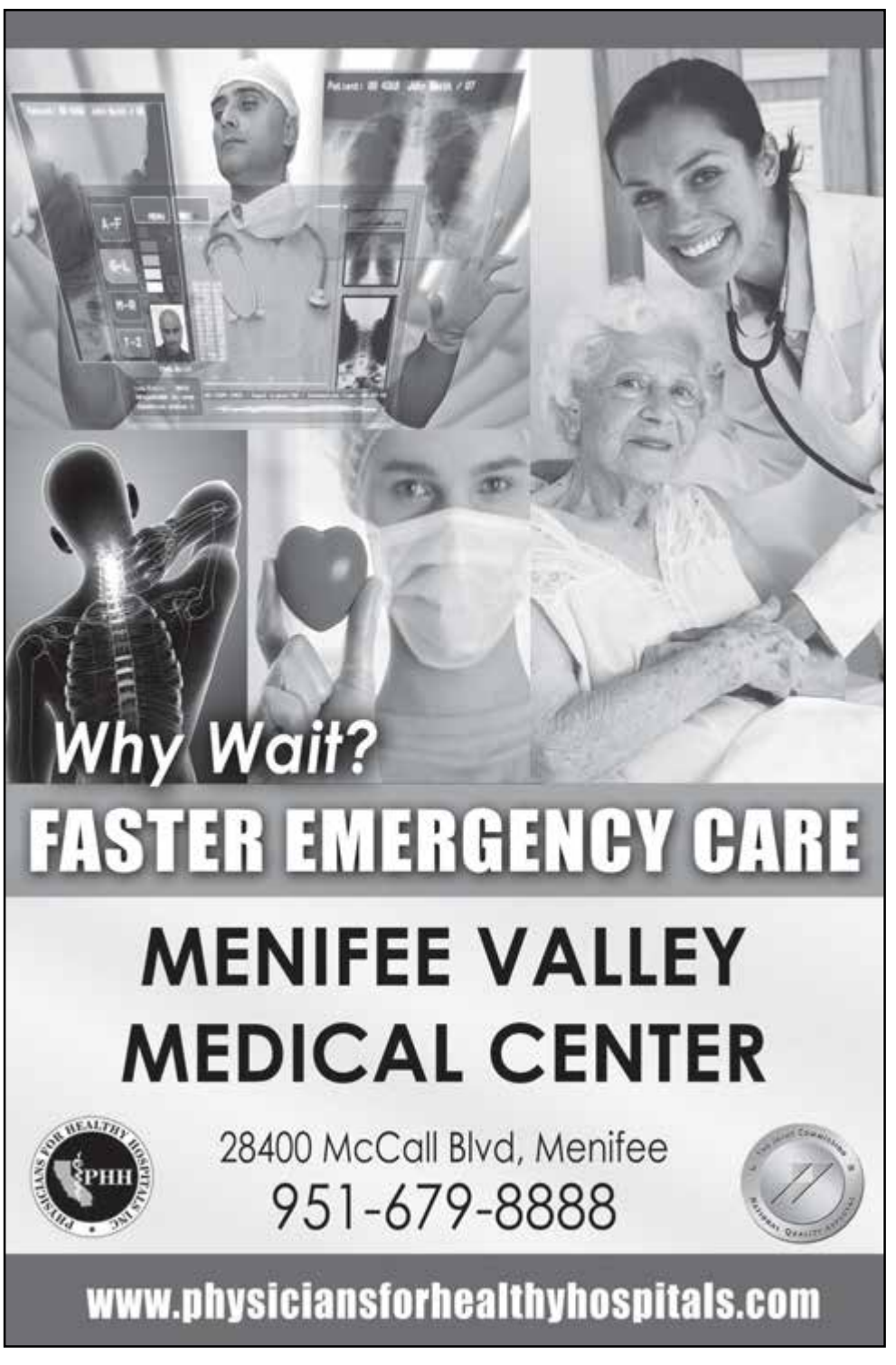


Movies

Sponsored by Ways & Means

Saturday July 13th
Lincoln
1 pm in Webb Hall
Drama
Starring:
Daniel Day-Lewis,
Sally Field, and David Strathairn
PG13- 2 hrs. 29 mins.

Saturday, August 10th
Identity Theft
1 pm in Webb Hall
Comedy
Starring:
Jason Bateman and
Melissa McCarthy
R-1 hr. 48 min.



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951-679-2374 or 951-768-1934 cell

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Services provided by the Concern:
Information and Referral Registry - 100% background
Outreach Program - to assess the needs of the Seniors
Daily Telephone Reassurance Program
Gatekeeper Program - Signs & Systems of those at risk

Other Services: Hospitality Center open Monday-Friday 9:00AM - 4:00PM for socializing, TV, card games, also offer Bingo, Wed 1pm and Friday 5pm & Karaoke, Sunday 4pm.

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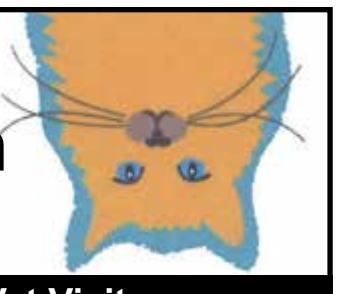

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Volunteer Crime Watch logging hours and miles

Sun City Crime Watch was organized in 1978 in coordination with the Riverside County Sheriff's Department. The group started with 31 volunteers. In July 2011 when the city assumed the operating expenses from the county, the name was changed to Menifee Crime Watch.

We are not law enforcement; we observe and report any suspicious persons, vehicles, or circumstances to the sheriff's department. Our objective is to deter crime in the city by our visible presence. Considered the eyes and ears of the sheriff's department volunteers patrol the streets and business areas of the City of Menifee.

An integral part of Crime Watch is Strike Force, which was formed in 2004. Strike Force volunteers 24/7 to assist the sheriff's department during major traffic collisions, missing person, extreme weather condition, structure fires or any emergency. The sheriff's department relies on Strike Forces' participation in DUI checkpoints held throughout the city. Strike Forces' participation allows them to use fewer officers thus reducing costs.

Crime Watch Members in action are Hugh Mudd, Beverly Connors, Duane Kreis, Merty Cohen, Jo Morris, Marlin Jay, Casey Stengel and Beverly Collins.

Crime Watch has received many awards and recognitions from groups over the years. Most notable is the Sheriff's "Community Service Medal" which was presented to Crime Watch in 2011. This award recognized the volunteer hours given to the community and the miles driven by the volunteers. In 2012, volunteers worked 14,113 hours and drove 73,000 miles.

Menifee Crime Watch helping Protect Menifee/Sun City Residents since 1978. Members pictured: Elizabeth Orlaski, Jo Morris, Marlin Jay, Casey Stengel; Back Row: Duane Kreis, Beverly Collins, Hugh Mudd.

Crime Watch is a non-profit 501 (c) corporation registered with the State of California and we do accept monetary donations. Any monetary contribution is greatly appreciated.

Come join us. We are always looking for volunteers. We are located at 27851 Bradley Road #190 Sun City and our phone number is 679-7031.

Get Prepared and Ready

The Menifee Community Emergency Response Team, also known as the CERT program, is about readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number. CERT is a positive and realistic approach to emergency and disaster situations where citizens will be initially on their own and their actions can make a difference. Through training, citizens can manage utilities and put out small fires; treat the three killers by opening airways, controlling bleeding and treating for shock; provide basic medical aid; search for and rescue victims safely; and organize themselves and spontaneous volunteers to be effective.

CERT training is a commitment of 20 hours of training. Training is FREE! Only those who successfully complete the practical exercise with hands-on instruction in fire suppression, search and rescue, cribbing and medical will receive a certificate of completion and ID card.

CERT courses are held in Menifee City Hall at 29714 Haun Rd, Menifee CA 92584. You must register before attending the course. Contact Michael Anderson at 951-672-6777 or send an email to manderson@cityofmenifee.us to register or receive further information about the CERT program.

SUN CITY HOME REPAIR

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Getting ready for a Simmering Summer!

The Swim Club & Aquarians have taken to the Crystal Pool to enjoy all that the Summer has to offer. These busy ladies have organized Aquacise Classes, Swimming Classes and are beginning preparations for their Annual Swim Show to be held on October 4th and 5th at 10am in the Crystal Pool.

Woodshop Member, Greg Stillwell has graciously made the lovely Crystal Pool and Olympic Pool signs for the SCCA in an effort to help beautify our campus and assist new residents and guests in identifying the pool areas. The Swim Club is especially gracious for his efforts so new interested members know where to find them and join in the fun. Thank you Greg for your amazing work! We're looking forward to seeing what the Swim Club has in store for us this year! For more information about the Swim Club contact Carroll Ulrich at 951-679-0369.

Jean Le Blanc, Lupe Labriola, Helen Richmond, Carroll Ulrich, Charlene Willem, Greg Stillwell, Cheryl Skinner, Cathy Van Rinsselaer, and Nicky Tompkins having a swimmingly good time!

Sun City CIVIC ASSOCIATION

SUMMER SCHEDULE
MAY 1, 2013
TO OCT. 6, 2013

OLYMPIC POOL HOURS

Monday thru Sunday

LAP SWIMMING	7:30 A.M. 9:30 A.M.
MEMBERS ONLY	9:30 A.M. 8:30 P.M.

CRYSTAL POOL HOURS

Effective May 1, 2013

Monday thru Wednesday

SWIM CLUB	9:00 A.M. NOON
MEMBERS ONLY	NOON 2:00 P.M.
MEMBERS & GUESTS	2:00 P.M. 7:00 P.M.

Thursday thru Sunday

MEMBERS ONLY	9:00 A.M. 2:00 P.M.
MEMBERS & GUESTS	2:00 P.M. 7:00 P.M.

SPA & EXERCISE ROOM

MEMBERS ONLY

7:30 A.M. 8:30 P.M.

Jean Le Blanc, Lupe Labriola, Helen Richmond Bea Bourque, Carroll Ulrich, Charlene Willem, Greg Stillwell, Cheryl Skinner, Cathy Van Rinsselaer, Helen O'Brien and Nicky Tompkins eager to jump into summer!

Top ten tips on keeping safe from summer heat

• Drink plenty of liquids - eight or more 8-ounce glasses per day of water and/or fruit juices - every day to stay hydrated.

• Avoid caffeinated and alcoholic beverages.

• Dress appropriately. Wear loose-fitting clothes in natural fabrics like cotton and dress in light colors that will reflect the sun and heat, instead of darker colors that will attract them.

• When outdoors, protect your skin from damage by wearing hats, sunglasses and a sunscreen of 30 SPF or more.

• Stay indoors during extreme heat.

• If you do not have air conditioning in your home, go somewhere that does. A movie theater, the mall, a friend or relative's home or a community senior center are all good options.

• If you need to get out of the house and don't drive a car, call a taxi, a friend or a transportation service. Do NOT wait outside for the bus in extreme heat.

• If you are absolutely unable to leave the house and do not have air conditioning, take a cool bath or shower to lower your body temperature on extremely hot days.

• Temperatures inside the home should not exceed 85 degrees Fahrenheit for prolonged periods of time.

• Know the signs of heat stroke (e.g flushed face, high body temperature, headache, nausea, rapid pulse, dizziness and confusion) and take immediate action if you feel them coming on.

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- Contracts	- Landlord Representation	- Conservatorships

VETERAN'S ADMINISTRATION CERTIFIED LAW OFFICE

Sun City has a TOPS winner for state of California

State of California winner that is, Cathy Downing-Aho of TOPS 0853 Sun City was a state winner for her weight loss in 2012. She was presented with her award and recognized by her peers at the "California State Recognition Days Conference" in Santa Clara CA on June 1st 2013, which was attended by over 600 TOPS members.

A group of 10 supporters from TOPS 0853 accompanied her to the conference.

Here is Cathy when she first joined TOPS and how she looks now.

For information on joining TOPS 0853, SCCA members call Tom or Pauline Hall 951-301-6328.

Before TOPS

After TOPS

Menifee Sun City Concern beneficial to Sun City

Menifee Sun City Concern, Inc. is a 501 C 3 Public Service Organization which was established in the Sun City Area of Menifee in 1973 to provide services which enable the frail and disable seniors to maintain a safe and secure life style. In 2008 the name of the organization was changed to reflect the new city.

Menifee Sun City Concern, Inc. is: ***"Dedicated to Supporting Independent Living with Peace of Mind for Those "at risk."***

The following Programs are offered free of charge to the seniors and disabled:

Information and Referral Desk which maintains a file of local and state organizations, health and mental health programs and other services.

Outreach Program receives referrals from families, friends and neighbors concerning frail "at risk' seniors who are having difficulty with daily living skills. An RN is assigned to provide a free and confidential assessment regarding living conditions, mental and physical health.

Registry Desk provides names of local service providers including companions, housekeepers, gardeners, etc. who do charge for their services at a discount rate. All providers have a background check to ensure the safety of our seniors.

Telephone Reassurance Program Staff and volunteers call the frail seniors daily, providing a sense of security to the "at risk" seniors ***"by keeping the connection alive."*** Our goal is to make sure that no one is alone, especially in an emergency.

The major source of funding for Menifee Sun City Concern, Inc. is Bingo which is offered twice a week-Wednesday 12:45 to 4:30 PM and Fridays 5:00 to 9:00 PM and Karaoke on Sundays 4:00 PM to 8:00 PM. There are prizes, raffles, popcorn, snacks, sodas and **FUN!**

For more information regarding Menifee Sun City Concern, Inc., please visit our website www.menifeesuncity.org or call 951-679-2374. Menifee Sun City Concern, Inc. is located at 26842 Cherry Hills Blvd (Event Room) and 26814 Cherry Hills Blvd. (Administration Offices).

Merchant Marine Article Submission

The Old Salts, the Sun City Chapter of the Merchant Marine Veterans of WW II are a group of retired seamen aged from 86-96 years old. We meet on the 1st Thursday of each month at 12 Noon for lunch at the Sun City Family Restaurant (26824 Cherry Hills Blvd.) Since the members of Merchant Marines are dying so rapidly (about 1500 per day) we are having a bad time keeping the chapter alive, so we are accepting all Veterans of all branches of service to become active members. The July meeting this year has been cancelled since it coincides with Independence Day Celebrations.

For the past 4 years we have been entered with a float adorned with the branch of service flags including the a merchant Marine flag, American flag, Dredsden flag, and we display the MIA POW flag in honor of the 89% of Merchant Seamen lost in WWII who are still missing in action.

The Veteran's Day ceremonies held in Webb Hall November 12, 2012 were sponsored by the Old Salts. Plans are in process for the Old Salts to sponsor the Veteran's Day ceremonies again on November 11, 2013.

WWII Merchant Marines are considered by the United States government to be Combat Veterans. Since so many Merchant ships were being sunk by the Germans, it became necessary to build guns on all ships being built. Also whenever a Merchant ship left port, no matter where they were heading, they were travelling in a war zone among mines and torpedoes.

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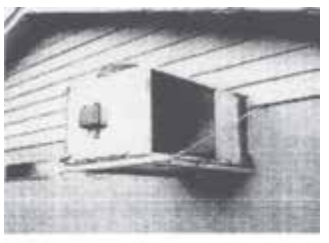
OLD MONEY GRABBERS



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CLUBS AND ACTIVITIES

New form for future events

Due to the overwhelming amount of last minute additional meeting changes, pre-scheduled event date changes and cancellations, we have placed a new meeting request policy in order to help SCCA Residents. Now all SCCA Clubs and SCCA Committees need to submit a **two week notice form** describing the schedule changes to the Activities Coordinator. All relevant event and meeting information must be provided in writing to the Activities Coordinator at the time of the request.

The information required includes (but is not limited to):

- Purpose of the meeting
- The reason for the requested date and/or change
- What times will be required for the meeting
- Location where the club member or committee member wishes to host their meeting
- How many members will be in attendance
- Any additional special requests

Since changes create a domino effect on the maintenance schedule, membership schedule, website calendar, the board calendar, and the marquee; it creates additional last minute work that we are now requiring to be completed at an earlier date.

Last minute requests not only create additional work for everyone, but they also take away time from other clubs, time that could be better utilized towards promoting SCCA activities and creating more/future SCCA events for the community to enjoy.

If the new meeting request form isn't received two weeks prior to the requested change, the request will have to be rejected and this will result in a new date needed by the requesting party. Thank you for your cooperation and assisting us in effectively coordinating your needs, and scheduling maintenance for room set-up and breakdown.

To obtain your copy of this new policy and request form you may print it from the SCCA website or pick up a copy in the SCCA front office.

Good Time Club

We're a fun, outgoing social group that enjoys having a good time! We meet the 2nd Tuesday of the Month 10:30am-4pm in Civic Hall for our meetings and lunch-ins. We also enjoy going on club trips. All core members are welcome! For more information call Helen Merritt at 951-679-4918.

American Legion Post 657

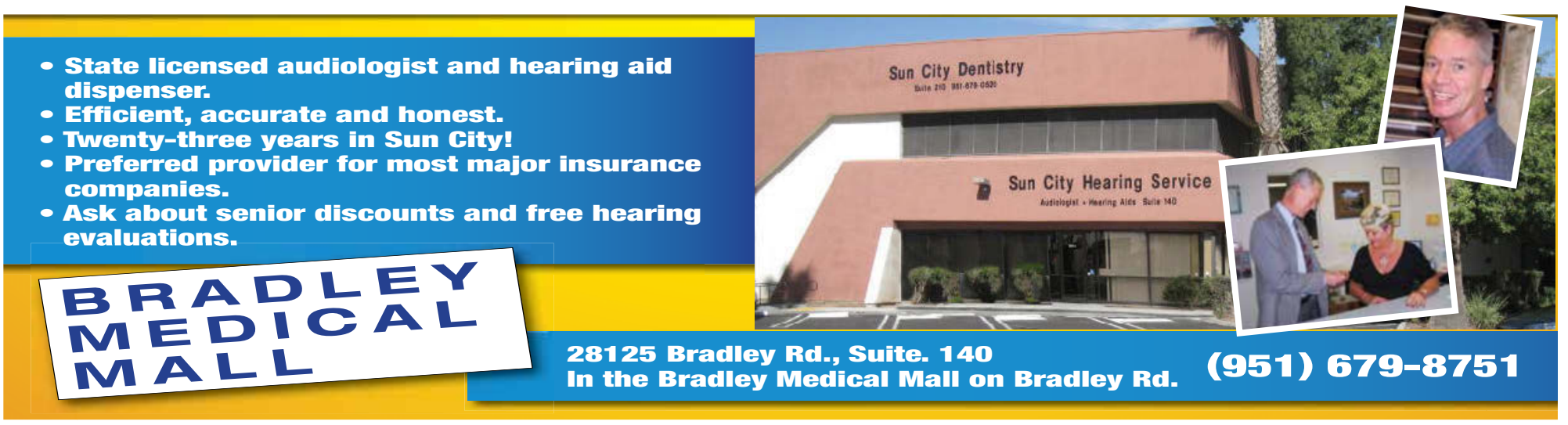
Remember our Veterans and join us at the American Legion Post 657. We are a PSO that meets the third Friday of each month in Civic Hall at 1pm. For more information contact Tim Large at 951-679-6410.

Pinochle Monday Wednesday Club

If you enjoy playing card games come join us at the Pinochle Monday Wednesday Club. We meet every Monday and Wednesday at 5:45 pm in Civic Hall.

Newcomers are welcome! Instructors are available.

For more information contact Elizabeth Orlaski at 951-672-3453.



CLUBS AND ACTIVITIES

Happy 4th of July!

Variously known as the Fourth of July and Independence Day, July 4th has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution (1775-83). In June 1776, representatives of the 13 colonies then fighting in the revolutionary struggle weighed a resolution that would declare their independence from Great Britain.

On July 2nd, the Continental Congress voted in favor of independence, and two days later its delegates adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 until the present day,

The Fence

There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the fence. The first day the boy had driven 37 nails into the fence. Over the next few weeks as he learned to control his anger, the number of nails hammered daily, gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper. The days passed and the young boy was finally able to tell his father that all the nails were all gone.

The father took his son by the hand and led him to the fence. He said "you have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one." You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there. Make sure you control your temper the next time you are tempted to say something you will regret later.

Author Unknown

Players Club

Our presentation of "make mine metamucil" in Webb Hall on 5/4 and 5/5 was a huge success.

We, the Sun City players, invite you to join us the second Monday of the month in Webb Hall at 3pm. We have refreshments and entertainment.

We will have auditions in July for our Fall play. We need actors, stage hands, electricians, etc. It's lots of fun. So are the cast parties.

Call donna at 951-679-1514

GFWC Menifee/Sun City Woman's Club

GFWC Menifee/Sun City Woman's Club meets the 4th Monday of each month Sept thru May at 11AM in Webb Hall. Lunch is at noon and is $10. Lunch reservations must be made 1 week in advance, contact Arlene Prante, 27385 Pinehurst Rd, Menifee, 92586, 951-672-2475 to make your reservation.

If you have questions about the club please contact the 2nd Vice President/Membership Pam Finley at 951-961-6820

Thank you,
Dee Wheatbread, President
GFWC Menifee/Sun City Woman's Club
951-246-9106

Tropical Strawberry Recipe

Original recipe makes four servings
1/2 cups frozen strawberries
1 cup frozen pineapple chunks
1/2 cup milk
1 1/2 cups yogurt
2 tablespoons white sugar
1 cup crushed ice
Directions
In a blender, blend the strawberries, pineapple, milk, yogurt, sugar, and ice until smooth.
http://allrecipes.com/Recipe/Tropical-Strawberry/Detail.aspx

CLUBS AND ACTIVITIES

Billiards Club

Rack them up! All SCCA Members and Guests are welcome to play with the Billiards Club in the Billiards Room. We are open 6 days a week.

Monday, Thursday & Saturday: Noon - 4:00 p.m.

Tuesday & Friday: 11:30 a.m. - 4:00 p.m.

Wednesday: 10:00 a.m. - 4:00 p.m.

Lady Billiard Session Hours are Wednesdays: 10am-12pm

For more information contact George Hensley 672-4593 or John Pellegrino at 672-3669.

Peg Peters, Ruth StVincent, Kay Martin, Dee Beckingham, Judy Devriese having a good time!

Kay Martin, Ruth StVincent, Peg Peters playing a game of Billiards.

Slim & Trim

Slim & Trim Exercise Club for Men and Women! Low impact exercises to keep limber using chair exercises and standing exercises then floor exercises.

Thirty minutes of exercise on Monday and Wednesday from 8:15am-8:45am. The Group meets in North Town Hall. Contact Susan Rizzo at 679-9321 for more information.

Come Join Us!

Thursday Ceramics

Enjoy creating new and beautiful things? Come join us at the Thursday Ceramics Club! We are located next to the Woodshop and meet every Thursday at 7:30am-2:30pm. Get creative with us today! For more information contact Alis Kojian at 951-301-6841.

Yoga

Cleanse your body and free your mind with breathing techniques and yoga exercises. Yoga Club is free and meets every Monday and Friday at 9am in North Town Hall, except for the first Friday of every month. Wear loose clothing and bring a soft mat. For more information contact Mickie Warner at 951-679-1437.

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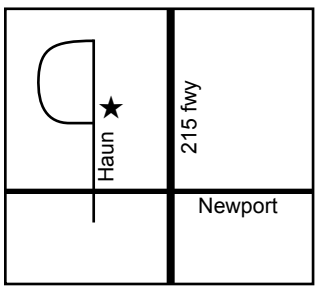

HOURS OF BUSINESS:
Monday to Friday – 9:00 am to 6:00 pm

951/301-6255
29798 Haun Road, Suite 100,
Menifee, CA 92586

CLUBS AND ACTIVITIES

Sun City Bike Club

Sun City Bike Club gets reward April 16, 2013

The check represents a donation as the result of the Sun City Civic Association's Bike Club's Involvement with Provident Bank's Community Partnership Program.

Bike Club President Gary Barton accepts a $725 check from Ayda Dorantes, Provident Bank Service Supervisor.

AARP Club

AARP is a PSO that meets the last Wednesday of every month in the West Room and includes a lunch break.

Full Driving Course classes will be 8 hours long and start July 31st at 8am-4pm in the West Room.

Refresher classes meet the following month on August 28th at 10-2:45pm in the West Room.

The next full class will be held on September 25th at 8am and the next refresher class will be held on October 30th at 10am.

The class costs $12 if they are an AARP Member and $14 if they are not an AARP Member. All insurance companies will give a discount for having taken the class. Call Don Duncan to make a reservation at 951-244-7513.

The Ladies Auxiliary VFW
Sun City/Menifee Post 1956

Our Members are:
Wives, widows, mothers, foster and stepmothers, grandmothers, daughters, granddaughters, foster and stepdaughters, sisters, half sisters, foster and stepsisters, of persons who were or are eligible for membership in the Veterans of Foreign Wars of the United States. Members must be citizens of the United States and at least 16 years old.

Our Goal:
The Ladies Auxiliary goal is to ensure that America's veterans will not be forgotten and that those who need assistance will get it. To help achieve these goals, each year donations are made from the National Organization to help make life better for a variety of people.

Our programs:
Americanism, Buddy Poppy, Cancer Aid & Research, Community Service, Hospital &VA's, Legislative, Veterans & Family Support, VFW National Home for children, and Voice of Democracy (Paloma Valley High School).

Our meetings:

Time & Date:	10:00am, 2nd Saturday of each month
Location:	Sun City Civic Hall, 26601 Cherry Hills Blvd, Building N, Sun City/Menifee 92586
Directions:	From I 215, go west on McCall Blvd; turn left onto Sun City Blvd; Turn right onto Cherry Hills Blvd. Drive 2 blocks, The Civic Hall is on the left (south).

If you have questions, please call Beverly Humble 951-672-8327, or Renee Haynes 951-442-8080

CALENDAR

Travel Club Ice Cream Social
Wednesday, July 3rd, 2013
11am-3pm in Webb Hall

Lawn Bowls Holiday Celebration
Thursday, July 4th, 2013
3:30pm-6:30pm at the Lawn Bowl Greens

Friendship Club BBQ
Friday, July 5th, 2013
5pm-8pm in the Courtyard

The X Factor Show
Thursday, July 11th, 2013
1pm in the Galen Center in Los Angeles

Duplicate Bridge Game
Sunday, July 14th, 2013
11am-5pm in Civic Hall

Race for the Cure Planning Meeting
Monday, July 15th, 2013
9am-12pm in the East Room

Town Hall Meeting with the Mayor
Thursday, July 18th, 2013
6pm-9pm in Webb Hall

GFWC Menifee/Sun City Woman's Club Bunco Party
Saturday, July 20th, 2013
11:30am-4pm in Civic Hall

Menifee Sun City Concern Seminar on Healthy Aging
Thursday, July 25th, 2013
2pm-4pm in North Town Hall

Chair Volleyball Tournament Planning Meeting
Tuesday, August 13th, 2013
11am-2pm in North Town Hall

Sun City Civic Association, Inc.

Treasurer's Report - Un Audited

As of May, 31, 2013

During the month of May SCCA mailed out the CPA's report for 2012 to all the members. We started the repair of the total parking lot and the finish date will be in June. Work is progressing on the Memorial water fall and grounds. Avalon has sponsored another workshop for all Board members regarding Civil Code/Davis Sterling. Provident Bank donated $1,028.40 to SCCA.

Income:

The budgeted income for the month of May was $119,326.00. The actual income for the month was $121,669 a variance of $2,343.00.

Expenses:

The budgeted expenses for the month of May are $119,326.00. The actual expenses were $130,256.00 a variance of $10,930.00.

Reserve Income:

The budgeted income for the month of May was $15,070.00. The actual income was $15,066.00 a variance of $4.00.

Reserve Expenses:

The budgeted Reserve expenses for the month of May are $7,782.00. The actual expenses for May were zero.

Respectfully Submitted,

John W. Corlett - Treasurer SCCA

Prepare for evacuation before necessary

Evacuations occur for many reasons due to weather, fires, and sometimes when harmful substances are released into the air. Do you know your evacuation route from work? From home? Planning ahead is the key because you may have to act quickly in an emergency.

The Federal Emergency Management Agency (FEMA) recommends these guidelines to ensure a safe evacuation:

1. Plan ahead by asking local authorities about emergency evacuation routes. In some areas, you can look up this information online by entering your address.
2. Leave immediately and follow the recommended evacuation route; don't take short cuts because they may be blocked.
3. Always keep your gas tanks full. Gas stations may be closed during emergencies.
4. Make transportation arrangements with family or friends in advance if you don't own a car.
5. Listen to a battery–operated radio for alternative evacuation routes in case of blockages due to fire or flooding.

If time permits, FEMA suggests you do the following:

1. Gather your disaster supply kit. Make sure it includes medications and other important items unique to you, your family, and your pets.
2. Wear sturdy shoes and clothing that provide protection from the elements.
3. Secure your home, including unplugging appliances. Lock doors and windows.

Need a contractor? Read these tips before hiring:

Here are 10 tips from the Contractors State License Board to make sure that the contractors Sun City residents hire will measure up to their expectations.

- Hire only licensed contractors.
- Check a contractor's license number online at www.cslb.ca.gov or by calling 800-321-CSLB (2752).
- Get at least three bids.
- Get three references from each bidder and review past work in person.
- Make sure all project expectations are in writing and only sign the contract if you completely understand the terms.
- Confirm that the contractor has workers' compensation insurance for employees.
- Never pay more than 10 percent down or $1,000, whichever is less. Don't pay in cash.
- Don't let payments get ahead of the work.
- Keep a job file of all papers relating to your project, including all payments.
- Don't make the final payment until you're satisfied with the job.

Dear Members and New Sun City Civic Association Residents,

Thank you for attending the Parking Lot Sale in May and the Explore the Core Event in June.

We appreciated all the Sun City Coordinating Council Clubs who supported the events. We were able to meet some of the new residents and give them a tour of the campus and let them know that there are many activities that could be joined while they live in the Sun City Civic Association.

There are several events coming up for your enjoyment. Mark your calendars for the following dates.

Swim Show	**October 4th and 5th**
Holiday Craft Faire	**November 16th**
Sun City Coordinating Council Holiday Program	**December 14th**

There are many other events sponsored by various clubs within the SCCA. Look for those events to be published in the Core Paper during the coming months and think about becoming a member of the many clubs available for you as a Core Resident.

We look forward to seeing you in the future at the events and know you will enjoy our Association. Please take time to walk around the campus. Enjoy all the outdoor activities offered as well as the various clubs. For more information stop in the Association Office and pick up a club contact list as well as flyers about various clubs and information to help you find your way around the grounds. Anyone you meet will be glad to help you.

Looking forward to seeing many residents in the future.

Sincerely,
Beverly Humble and the Board of the SCCC

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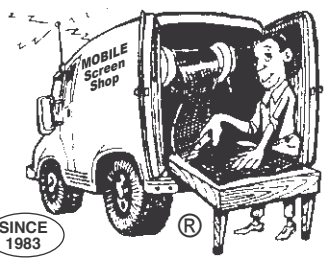

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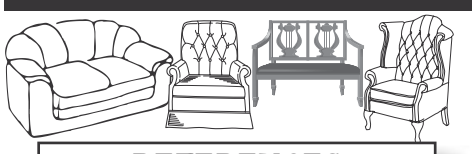

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Gutierrez Hauling: Clean-ups, Sprinkler Repair & Installation, Sod & Seeding, Rockscaping, Stump & Tree Removal, Tree & Palm Trimming, Pruning, Stump Grinding & Drainage installation. Contact: Margarito Gutierrez, Office: (951)926-5091 Cell: (951) 634-5549 email: Davidlugo19@gmail.com

HOUSECLEANING

House Cleaning by Barbara Kaake 951-219-1405

Housekeeping Honest Reliable with Experience. References Available. Ask for Rosalia 951-322-3801

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LANDSCAPING MAINTENANCE

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SUN CITY, CA LAWN BOWLS CLUB

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