



PRESIDENT'S MESSAGE

I would like to speak to you today about *volunteerism – the importance and profound impact it makes in the community.* To promote success of this Association will depend on how active a role its members take in the total picture. To paraphrase the Legal Guide 2014: *“although the governing documents are the association’s framework; the backbone of the association is the active and involved membership of its residents”.* In order to be an active member, one must not only pay their dues on time, run for a Board position, vote in our annual or special elections and attend meetings, but they also must be willing to share the talents they have acquired throughout their working years. Some of you have backgrounds in accounting which is an asset to our By-Law required Finance Committee. Several of you have backgrounds in the medical field, fire-fighting as well as other facets of disaster preparedness - you have the skills to help our Emergency Preparedness Advisory Committee - EPAC in the unlikely but possible event requiring

▶▶CONTINUED PAGE 5

Proposed Rule Modification for Facilities Use Procedure

30 DAY NOTICE

At the May 22, 2014 Regular Session Meeting the SCCA Board of Directors proposed Rule Modifications for Facilities Use Procedures Item’s “H” and “J” to strengthen the existing Facilities Use Procedures.

Item H:

The proposed rule modification of Facilities Use Procedure Item “H” to read: **No gambling or similar activities are allowed except where conducted in compliance with California law, including but not limited to Penal Code Section 320.5 governing raffles by non-profit charitable/beneficial organizations. Events that require any type of licenses**

are not permitted.

are not permitted.

Item J:

The proposed rule modification to Facilities Use Procedure Item “J” is to add after “Smoking is not allowed in or around any building or the pool areas”.

“Additionally, use of “E” cigarettes or other vapor delivery systems is also prohibited”.

SCCA BOARD NEWS

BY MARIO TRUJILLO
CODE COMPLIANCE

Hello Sun City Civic Association, My name is Mario and I have now been on the job for over a year. When I started her a little over a year ago code compliance and the CC&R’s were not being enforced and/or adhered to as they should’ve been. For the most part, most of the members in the association do follow the rules and regulations put here by you the members. A thank you to those that do. The Sun City Civic Association is made up of 4,762 homes on 135 streets. The “CORE”, being a 55+ community is back to its beauty.

Yards are being landscaped, homes are being maintained and even the Golf and Art Course has trimmed most of their palm trees of dead palm fronds. Next, I’m working in getting their oleanders trimmed as well. There are still some homes with yards that have gotten out of control, but those are homes that have either been foreclosed or are in probate. For the most, loitering and the homeless have dwindled to almost none in the homes along Sun City Blvd, across from the shopping center.

When a complaint is filed I start the process immediately. As per procedures, I investigate the com-

plaint, notify the home owner of the violation, with a letter and there is a 15 day window to comply. If the violation is not taken care of after the 15 day window, a second notice goes out. The second notice now states if the violation is not taken care of immediately, there will be a hearing and fines will be assessed to their account.

At this time I am auditing all the files, making sure that all members and/or tenants are currently registered. Due to many homes being bought and sold we have been meeting many new members to the community as well as introducing them to the great amenities we have and the many clubs that are available to join. It’s great working here at the Sun City Civic Association, meeting many people and watching the “CORE” blossom. So, when you see me driving through the neighborhoods, in the white truck that says code compliance on the door and the tailgate, doing my rounds, don’t hesitate to wave hi and if you have any question you can also wave me down, I’ll stop.

I can be reached in the office, in person M-Thur 9am-4pm and Friday’s 9am-12pm. You can call me at [951-679-2311](tel:951-679-2311) or you can also send a written compliment or make a complaint via e-mail; compliance@suncitycivic.com.



INSIDE THIS MONTH’S SUN CITY CORE COURIER

Charity luncheon

The Sun City Civic Association will be hosting our second Annual Susan G. Komen Fundraising Event.

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Rumor flyer

Corrections and misleading information to a flyer recently distributed in the community.

▶ PAGE 4

Seminar on C.A.R.E.

County official will discuss identity theft, scams, fraud and other types of elder abuse.

▶ PAGE 5

THE SUN CITY
CORE COURIER

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SCCA EVENT NEWS

EPAC Ribbon Cutting Ceremony



Left to Right: EPAC Chairman Gary Barton, Supervisor Marion Ashley, Councilman Greg August and SCCA Board of Directors President Rosemarie ElRite at the EPAC Ribbon Cutting Ceremony.

The Emergency Preparedness Advisory Committee (EPAC) held a Ribbon Cutting Ceremony on Tuesday June 10th, 2014 at 9:00 a.m. at the emergency disaster shed. Thanks to the generous \$5,000 donation secured through Riverside County Supervisor Marion Ashley, the Sun City Civic Association was able to purchase the storage shed, generators and other supplies.

The ceremony began with a

speech by EPAC Chairman, Gary Barton acknowledging appreciation for the support and encouragement by SCCA President Rosemarie ElRite, Councilman Greg August, Gloria Sanchez and Charles Tate of The Oasis, Menifee City Council Analyst Joe Gonzales, Riverside County Emergency Services Coordinator Zuzzette Bricker, and the Menifee Valley Amateur Radio Club (MVARC) President Bert Novak and

MVARC officers Phil Hogan and Pat Reilly.

Supervisor Marion Ashley cut the ribbon and spoke on the importance of emergency preparedness and future plans for the Menifee area. The group then adjourned to the Wii Room for treats and social conversation. EPAC continues to move forward making plans to prepare for the potential, but hopefully never to happen, disaster.

If you would be interested in joining the EPAC Committee, please come to the SCCA Office to fill out a Committee Interest Form. The EPAC Committee meets the 2nd Tuesday of the month at 10:00 a.m. – 12:00 p.m. in the Wii-Game Room. Also don't forget to get your HELP/OK sign, which is offered to Core Residents and now available at the SCCA Office.

"No One Sells More Homes Than Coldwell Banker"

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SCCA EVENT NEWS

Signs erected on I-215 distinguish Sun City Community by Menifee 24/7 Staff

Two brown signs reading, "Sun City/A Community of Menifee/Next Exit" have been installed on Interstate 215 to help distinguish the long-standing community of Sun City.

The City of Menifee, along with Caltrans, recently added the two signs in accordance to requests by Sun City residents over the past four years

The two signs are posted on both the north and south side of the 215 Freeway leading to the McCall Boulevard interchange. According to City Manager Rob Johnson, the signs are now a reality due to the help of Public

Works and Engineering Director Jonathan Smith.

Jon Smith worked with Caltrans



to create the historic signs and said that the new signage is part of an effort to recognize specific communities in the City of Menifee, which since 2008 has included Sun City, Quail Valley and Menifee.

"We value the distinct character and attributes of each community in Menifee," said Smith. "These communities are reflective of who we are as a city, and they make Menifee unique."

Civic Hall Rental

The Sun City Civic Association Board of Directors has approved the use of Civic Hall for SCCA residents to host their own special events to include celebrations of life, birthday parties, anniversaries, memorials and weddings. If your event includes the service of beer and/or wine, the person hosting the event is fully responsible. Please note that Civic Hall may not be re-

served for political, religious, commercial or fundraising purposes. Please also note the maximum capacity for Civic Hall is 106 people.

Reservations will require a security deposit of \$500 which is fully refundable upon inspection of Civic Hall (left clean with no damages), proof of liability insurance with a minimum of \$300,000.00 liability, naming the Sun City Civic Association along with Avalon Manage-

ment Group as additionally insured for the 1-day event. Reservations should be made 45-90 days in advance of the event, to be approved at the monthly Board of Directors Meeting.

For reservations and rental agreement, please contact Administrative Assistant, Becky Vredeveld, at 951-679-2311 ext. 23. We look forward to helping you host your special event!

Fundraising Quilt Tickets

Last year the Sun City Civic Association hosted our first Annual Susan G. Komen Foundation Fundraising Event. The **S.C.C.A. - So Cancer Can't Attack** Team raised a total of \$805 to the Foundation for Breast Cancer Research.

In an attempt to raise more donations for Breast Cancer Research and beat last year's fundraising efforts, the Board of Directors, Quilt Club and SCCA Office have combined forces to make this extravagant Quilt. The Race for the Cure T-shirts donated by SCCA Board of Directors President Rosemarie ElRite 2012-2014, The Quilt was created by Rose Rhoads of the Sun City Quilt Club and Quilted by Marianne

Crouch.

The SCCA will be conducting a charitable raffle for ownership of this beautifully handmade Quilt for \$1 per ticket or \$5 for



6 tickets. All donations received for this Quilt will go toward raising funds for the Susan G. Komen Foundation. Tickets to attend the Fundraising Luncheon are \$12 per person and may be purchased beginning Monday, July 14th. You may purchase your raffle tickets at the SCCA Administrative Office prior to the Fundraising Luncheon on Saturday, September 20th, 11:00 a.m. - 1:00 p.m. in North Town Hall. The winner of the Quilt will be announced at the event. For more information about the Quilt or the Charity Luncheon, please contact Activities Coordinator at 951-679-2311 ext. 27.

Race for the Cure T-shirts donated by SCCA Board of Directors President Rosemarie ElRite 2012-2014, Created by Rose Rhoads of the Sun City Quilt Club and Quilted by Marianne Crouch.

S.C.C.A. - So Cancer Can't Attack Team

The Sun City Civic Association will be participating in the 16th Annual Susan G. Komen Race for the Cure Event on Sunday, October 19th, 2014 at the Promenade Mall in Temecula. If you're interested in joining our team to walk at the event or cheer on the sidelines, please come to the SCCA Office to join our **S.C.C.A. - So Cancer Can't Attack** Team.

If you have any questions regarding on how to donate, information on the event or registration; please contact the Activities Coordinator by calling at 951-679-2311 ext. 27 or stop by the SCCA Office.



S.C.C.A. - So Cancer Can't Attack charity fundraiser

The Sun City Civic Association will be hosting our 2nd Annual Susan G. Komen Fundraising Event. The **S.C.C.A. - So Cancer Can't Attack** Team will be hosting a Fundraising Luncheon on Saturday, September 20th, 2014 from 11:00 a.m.—1:00 p.m. in North Town Hall, 26850 Sun City Blvd, Sun City, CA 92586. No Running Required!

The event will include a light lunch with a variety of sandwiches, salads and refreshments. There will also be a Breast Health Awareness Presentation provided by the Susan G. Komen Foundation, Entertainment, Bake Sale and Door Prizes. It will be an afternoon of celebration for our survivors and remembrance for lost loved ones.

Please join us on Saturday, September 20th, to help raise funds for Breast Cancer Research. Tickets will go on sale on Monday, July 14th for \$12.00 per person. For more information on the event, please contact the Activities Coordinator at 951-679-2311 ext. 27 or stop by the SCCA Office.



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Volume I • Issue IV

News

SCCA Office..... 951-679-2311
email: info@suncitycivic.com

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Flyer futile in attempting to dissolve CC&Rs

A flyer was recently distributed in the community in which the author questions the validity of the Association's CC&Rs, and wants to "dissolve" the Association. We want to correct false and misleading information as to such issues.

First, the members approved amending the CC&Rs approximately 17 years ago to become an "age 55 and over" community. It is well recognized in California that recorded CC&Rs are valid and enforceable. To question the

voting or amendment process now, after the Association has been operating as a 55 and over community for over 17 years, is disingenuous, and appears to be for the self-serving purpose of attempting to benefit the author's business.

It is not correct that the Association can be "dissolved" upon a majority approval of members. California law (*Corporations Code Section 8724*) requires 100% of members to approve dissolution. Further, lenders rely on the ex-

istence and enforcement of the CC&Rs by the Association, which protect and maintain the appearance and value of the properties in our community. Therefore, even if 100% of owners were to agree, it is highly doubtful any lender would consent to dissolution.

We all know what properties without CC&Rs and associations look like. Just drive a few miles out of the community. It is a given that only with CC&Rs which can be enforced do properties tend to maintain and/or increase in value,

and remain in an acceptable appearance, versus relying on the City to force owners to maintain their property to an acceptable standard.

The author's false portrayal of the board and management as being "children haters", "family haters", "bully-boy" or "tyranny" taints our community, which may negatively affect property values and perceptions. If the author is truly concerned about the property, we hope they think before publishing similar messages.

Sun City Civic Association Inc.
Treasurer's Report - Unaudited
 As of April 30, 2014
 The Reserve cost to refurbish the Billiards room and restrooms will exceed \$30,000.00. The project should be completed by June 1. Avalon is reducing SCCA's accounts receivable.
Income:
 The budgeted income for the month of April was \$125,046.00. The actual income was \$130,594.00 a variance of \$5,548.00.
Expenses:
 The budgeted expenses for the month of April were \$125,046.00. The actual expenses for the month were \$111,264.00 a variance of \$13,782.00.
Reserve Income:
 The budgeted income for the month of April was \$15,070.00. The actual income was \$15,163.00 a variance of \$93.00.
Reserve Expenses:
 The budgeted expenses for the month of April were \$29,203.00. The actual expenses \$20,024.00 a variance of \$9,179.00.
Respectfully submitted, John W. Corlett - Treasurer

Sun City Civic Association Inc.
Treasurer's Report - Unaudited
 As of May 31, 2014
Income:
 The budgeted income for the month of May was \$125,046.00. The actual income was \$126,494.00 a variance of \$1,448.00.
Expenses:
 The budgeted expenses for the month of May were \$125,046.00. The actual expenses were \$121,292.00 a variance of \$3,754.00.
Reserve Income:
 The budgeted reserve income for the month of May was \$15,070.00. The actual income was \$15,275.00 a variance of \$205.00.
Reserve Expenses:
 The budgeted reserve expenses for the month of May were \$29,203.00. The actual expenses were \$19,422.00 a variance of \$9,781.00.
Respectfully submitted, John W. Corlett - Treasurer



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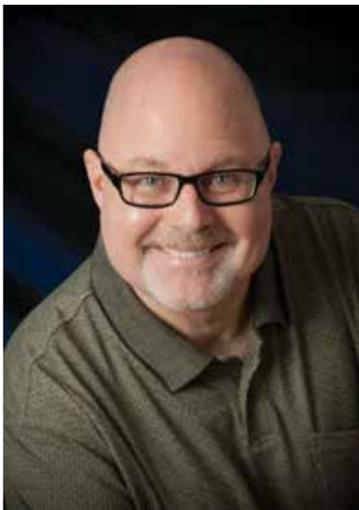
244-2476

SCCA EVENT NEWS

County of Riverside guest speaker to discuss relevant topics to Sun City seniors

Sun City Civic Association residents can learn about various types of elder abuse—including how to report it and how to prevent becoming a victim—at a free presentation from Guest Speaker Larry Berenato, Tuesday, July 22nd at 2:00 p.m. in North Town Hall.

Larry Berenato, with the Riverside County Department of Public Social Services, is coordinator for the C.A.R.E. Program (Curtiling Abuse Related to the Elderly). Berenato will discuss scams that target seniors and address identity theft, fraud and other types of elder abuse. His presentation runs about 30 minutes and will be fol-



Larry Berenato, with the Riverside County Department of Public Social Services, is coordinator for the C.A.R.E. Program (Curtiling Abuse Related to the Elderly). Bernato will discuss identity theft, scams, fraud and other types of elder abuse during his presentation on July 22nd, 2014 at 2:00 p.m. in North Town Hall.

lowed by a question and answer session. Hand-outs will be available.

“People who are aware of scams are more likely to avoid becoming a victim,” said Berenato.

“Additionally, if someone becomes a victim of any kind of elder abuse, we want people to know who to contact”. Please be assured all reports of Elder Abuse of any kind will be kept completely confidential.

For more information about this presentation, please contact Administrative Assistant, Becky Vredevelde at (951) 679-2311, ext. 23.

Sun City Coordinating Council presents ‘Fall Festival/Club Showcase’

Saturday, October 25th, 2014 – 10:00 a.m. to 2:00 p.m.

To Club Presidents,

This is our annual attraction where we are hoping that every club will take part in the event. Even if you do not have something to display, this is a good opportunity to put out flyers and pictures to let people know what your club has to offer one of their members.

There is no charge for “Fall Festival/Club Showcase”, but we need to know if you would like a table to use in one of the Halls. All clubs will be exhibited in either Webb Hall or North Town Hall (depending on availability). We will also have all the club facilities open and will need someone from your club to host those rooms. We are trying something new to encourage members to view our club facilities. We need host/hostesses from different clubs to escort and pass out literature/maps of our club facilities. We are trying to share the fun we have with our clubs to new Core members.

Help us make this event a great success. Thank you so much. Coordinating Council Board

Contact: Events Chairperson Roy Lantz (951) 443-6240

President’s Message (cont. ...)

▶▶CONTINUED FROM PAGE 1

your assistance.

As life in the Core is not all work, we need you to help in planning for functions for our residents. Although many of you have transportation and interests outside the Core, the Social Activities Committee and Ways and Means need you to plan and assist at their functions.

A recent experience with “new volunteers” got the task of developing our Civic Hall Rental Contract off the ground. I can’t begin to thank them enough! So, to develop a strong sense of community, the Core needs YOU!

Rosemarie (Rosi) ElRite
President SCCA

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Emergency Preparedness Advisory Committee (EPAC) Report

BY GARY BARTON
COMMITTEE CHAIRMAN

Today I'm going to write about the HELP/OK signs now available to homeowners and residents within the Sun City Core. These signs are printed on both sides of 8.5 x 11" card stock with HELP on a red background and OK on a green background.

In case of a catastrophic emergency such as an earthquake, flood, tornado, etc. with severe property damages and/or physical injuries, search and rescue crews will begin to patrol neighborhoods. This is where your sign becomes very important. It can also alert your neighbors of your personal and property conditions.

Display your sign in a front window or where it will be easily visible from the street. Do NOT use the card except in severe conditions. If the sign is in the window all the time, it will fade from exposure, eventually becoming illegible.

When you pick up your sign at the SCCA office, you will be asked to show your SCCA card number and provide other information such as address, emergency contact phone number(s), etc. The signs are free but if you would like to make a donation to EPAC, you may do so at the SCCA office.

Hopefully, we will never have to use the signs, but we want every-

one to be ready, just in case.

EPAC had a booth at the parking lot sale in May. We met several folks and were able to offer Emergency Preparedness brochures and collect signatures of those interested in EPAC as well as CERT, First Aid and CPR classes on the SCCA campus. If you are interested in these

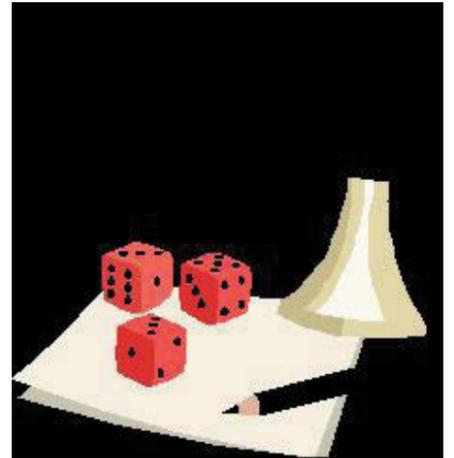
courses, please contact EPAC or the SCCA office. Watch for information in the coming months.

EPAC continues to meet at 10:00 a.m. on the 2nd Tuesday of the month in Bldg. I in the Wii Room; resuming again in September 2014. We wish everyone a pleasant and safe summer.



EPAC Chairman Gary Barton and grandson Alexander Greenberg show off the OK/HELP signs now available at the SCCA office. What's wrong with this picture?

CLUB ACTIVITY



GFWC Menifee/Sun City Woman's Club plans Bunco Party

WHEN: Saturday August 23rd
WHERE: Sun City Civic Hall
ADDRESS: 26850 Sun City Blvd., Sun City, CA 92586
TIME: 1:00 p.m.

Please plan to attend. There will be limited seating. Contact Sheila Neal at (951) 301-8258 for tickets or the SCCA office. Proceeds go to help scholarships & other community charities. Watch the SCCA campus for flyers with further details.

NEWS FLASH :
BILLIARDS RE-OPENING
JULY 14TH, 2014 @ 9:00 AM

You're Invited

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We'll discuss how reverse mortgage programs works, pros and cons, and provide you with the information you need to make an informed decision. Line of credit option available.

PLEASE RSVP OR FOR MORE INFORMATION CONTACT



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Reverse Mortgage Direct of California Inc. Consultant
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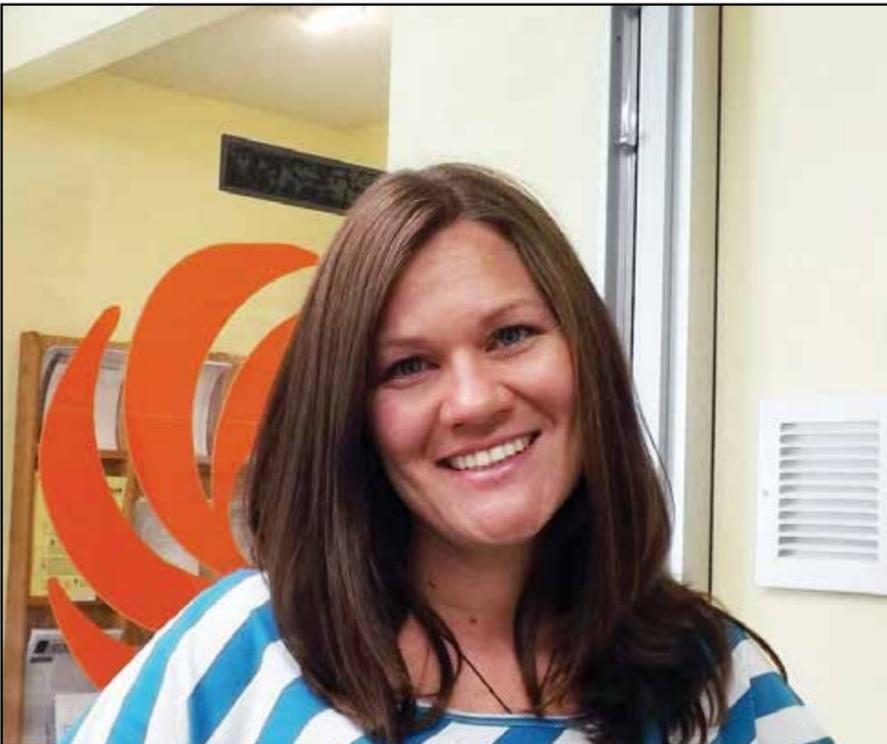
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- Did you know... you breathe on average about 5 million times a year?
- Did you know... that months that begin on a Sunday always have a Friday the 13th in them?
- Did you know... that you are born with 300 bones, by the time you are an adult you will have 206?
- Did you know... the average lead pencil will write a line about 35 miles long or write approximately 50,000 English words?
- Did you know...one fourth of the bones in your body are in your feet?
- Did you know... the average person spends 2 weeks of their lifetime waiting for the light to change from red to green?
- Did you know ... It takes more calories to eat a piece of celery than the celery has in it.
- Did you know...The largest recorded snowflake was 15 inches wide and 8 inches thick?
- Did you know...To produce a single pound of honey, a single bee would have to visit 2 million flowers?
- Did you know...The bloodhound is the only animal whose evidence is admissible in court?
- Did you know...Earth is the only planet not named after a god?
- Did you know...Of all the words in the English language, the word "SET" has the most definitions?
- Did you know...Only 38% of Americans eat breakfast every day?
- Did you know... "Almost" is the longest word in the English language with all the letters in alphabetical order?
- Did you know ... If removed from the stress of the modern world, the average human would sleep about 10 hours a day?
- Did you know... There are no naturally occurring blue foods, even blueberries are purple!
- Did you know... Human thigh bones are stronger than concrete?
- Did you know ... A "Jiffy" is the scientific name for 1/100th of a second?

EMPLOYEE SPOTLIGHT



Lisa Hoop

As Director of First Impressions, many of you are familiar with Lisa Hoop. Lisa began working at the Sun City Civic Association in April 2013, just as she completed her Associates Degree in Business/Office Administration from Mt. San Jacinto College.

Her primary duties as Director of First Impressions is to insure all SCCA residents have properly registered with the association and provide information to you about the Sun City Civic Association, scheduled activities and events.

She also assists you in acquiring access to use the SCCA Facilities and directing any questions that you may have to the most appropriate SCCA team member. But above all else her goal is to make sure all residents are happy! Stop by the SCCA Office today to thank her for her assistance and hard work she does everyday!



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**Hearing Test for purpose of instrument suitability*

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SCCA BOARD MEETINGS • EVENT CALENDAR

NOTICE OF SCCA MEETINGS IN: JULY 2014

This serves as due notice of the following meetings, where all or part of the Board are expected to be in attendance, and are currently scheduled to be held on:

Fri, July 4th – SCCA Coordinating Council General Meeting (CANCELLED)
 Tues, July 8th – SCCA Emergency Preparedness Committee (Wii RM-GR) – 10:00AM
 Wed, July 16th – SCCA Finance Committee Meeting (WR) – 12:30PM
 Thurs, July 17th – SCCA BOD Violation Hearings (ER) – 9:00AM
 Fri, July 18th – SCCA Ways and Means Committee Meeting (WR) – 10:00AM
 Thurs, July 24th – SCCA BOD Executive Session Meeting (ER) – 12:30PM
 Thurs, July 24th – SCCA Monthly BOD Meeting (WH) – 2:00PM
 Fri, July 25th – SCCA Social Activities Committee Meeting (ER) – 9:00AM

NOTICE OF SCCA MEETINGS IN: AUGUST 2014

Fri, August 1st – SCCA Coordinating Council General Meeting (CANCELLED)
 Tues, August 12th – SCCA Emergency Preparedness Committee (Wii RM-GR) – 10:00AM
 Fri, August 15th – SCCA Ways and Means Committee Meeting (WR) – 10:00AM
 Wed, August 20th – SCCA Finance Committee Meeting (WR) – 12:30PM
 Thurs, August 21st – SCCA BOD Violation Hearings (ER) – 9:00AM
 Fri, August 22nd – SCCA Social Activities Committee Meeting (ER) – 9:00AM
 Thurs, August 28th – SCCA BOD Executive Session Meeting (ER) – 12:30PM
 Thurs, August 28th – SCCA Monthly BOD Meeting (WH) – 2:00PM

NOTICE OF SCCA MEETINGS IN: SEPTEMBER 2014

Fri, September 5th – SCCA Coordinating Council General Meeting (NTH) – 9:00AM
 Tues, September 9th – SCCA Emergency Preparedness Committee (Wii RM-GR) – 10:00AM

Thank you. Please come into the office if you have any questions concerning these meetings.

Revised: 6/16/14

SCCA Events Calendar

Friendship Club July BBQ

Friday, July 11th, 2014
 5:00 p.m. – 9:30 p.m.
 North Town Hall

Duplicate Bridge Unit Game

Sunday, July 13th, 2014
 11:00 a.m. – 5:00 p.m.
 Civic Hall

NARFE Chapter 478 Annual Picnic

Monday, July 14th, 2014
 12:00 p.m. – 3:00 p.m.
 North Town Hall

Riverside County Department of Public Social Services Seminar

Tuesday, July 22nd, 2014
 2:00 p.m. – 4:00 p.m.
 North Town Hall

GFWC Menifee/Sun City Woman's Club Bunco Party

Saturday, August 23rd, 2014
 1:00p.m. – 4:00 p.m.
 Civic Hall

Labor Day

Monday, September 1st, 2014
 Administrative Office – **closed**
 Facilities – **open**

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RESIDENT RECIPES

Apple Pie Enchiladas

Submitted by Sheila Neal

Ingredients:

- 1 (21 ounce) can apple pie filling
- 1 teaspoon ground cinnamon
- 1/2 cup butter
- 1/2 cup white sugar
- 1/2 cup brown sugar
- 1/2 cup water
- 1 teaspoon vanilla
- 6 (8 inch) flour tortillas - store bought is great for this, just be sure to buy Flour Tortillas

Directions:

1. Spoon about one heaping quarter cup of pie filling evenly down the center of each tortilla. Sprinkle with cinnamon and roll up, tucking in edges; and place seam side down in prepared dish.
2. In a medium saucepan over medium heat, combine butter, white sugar, brown sugar and water. Bring to a boil, stirring constantly; reduce heat and simmer 3 minutes, remove from heat and stir in 1 teaspoon vanilla.
3. Pour sauce over enchiladas and let stand 45 minutes. Note: Don't rush the 45 minute resting time for the sauce on the enchiladas before baking. This step helps to magically transform the flour tortillas into a faux pasty dough.
4. Bake in preheated oven at 350 degrees F for 30 minutes, or until golden.



Incredibly easy to make and "Out Of This World" good!

Salted Pretzel Caramel Brownies

Submitted by Sheila Neal

1. Start with a box of Betty Crocker Fudge Brownies.
2. Prepare the brownie batter according to package instructions. Pour about 1/3 of the batter into the bottom of a 9x13-inch baking pan that has been lined with parchment paper or greased with cooking spray. Spread the batter so that it forms an even layer to coat the bottom of the pan.
3. Then comes the fun pretzel part! Lay the pretzels down in an even layer on top of the brownie batter, then add a second even layer.
4. Spoon the rest of the brownie batter on top of the pretzel layer. I found it worked best to spoon the batter on in small clumps. Then bake the brownies in the oven at 350 for about 30 minutes, or until a toothpick inserted in the center comes out clean.
5. Once the brownies are out, spoon some caramel sauce onto the top of the brownies.
6. And smooth it out to form an even layer.
7. Sprinkle with some coarse sea salt. And then once the brownies have cooled, lift them out of the pan if you used parchment paper for easy cutting. (Or you can cut them in the pan.)
8. Cut them into individual bars, and watch that gooey caramel mix with those salty pretzels and chocolate.



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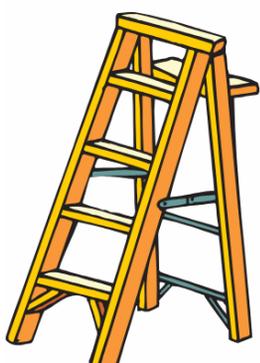
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CLUB EVENT NEWS

Shuffleboard Tournament

The Shuffleboard Club was host to the Annual CA State Singles Tournament held on Monday, May 12th – Wednesday, May 14th, 2014. There were 48 single entries from local California Shuffleboard Association members that participated in this event. This encompassed Shuffleboard Club members from the Sun City Civic Association and 10 different Hemet Clubs. They had many sponsors that donated to assist in hosting the annual event and luncheon. The Shuffleboard Club meets Tuesdays, Thursdays and Saturdays at 9:00 a.m. – 11:30 a.m. in the Shuffleboard Room. They are always looking for new members and it is open for anyone that wants to meet and greet new people.

Front Row from Left to Right, Championship Winners: Jerry White (1st place, Sierra Dawn South), Robert Brooks (2nd place, Colonial Country Club), Sharron Brown (3rd place, Villa Del Monte), and Warren Hoffman (4th place, Mountain Shadows). **Back Row from Left to Right, Consultation Winners:** Jay Davidson (1st place, Hemet West), George Hayes (2nd place, Golden Village Palms), Loren Nelson (3rd place, El Grande Estates) and Judi Blackwell (4th Place, Hemet West)



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CLUB ACTIVITY



Polynesian Review

Over 100 people gathered in Webb Hall on Saturday, June 7th, to enjoy the Hula Club's Polynesian Review. The dancers were joined by guests from the Temecula Valley Ukulele Strummers. The enthusiastic audience joined in the Hawaiian themed sing-alongs led by the ukulele group between dances. What a great addition that was to our usual show! Ways and Means provided drinks and goodies for sale during the intermission, and a door prize drawing was held for \$25 dollar Target Gift Cards. A good time was had by all.

You Won't Believe it!

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2014 Wii Club recruiting members



Pictured left to right are Art, Bob, Eileen, Pat, Marion, Ron, Teresa, Barbara, Ruth, Roy, and Leora. Absent: Trish, Belle, Leon, Ron J., Darlene and Juanita ... and Tom is taking our picture.

We meet on Thursdays now at 1:00 p.m. to 3:00 p.m. in the Game/Wii Room. This wonderful group of people is one of the most fun loving groups I have ever had the pleasure to be with. If you come to bowl and are feeling blue, I guarantee after being around us you will leave with a smile on your face. Come on give us a try!

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CLUB ACTIVITY



Gary Barton, Ayda Dorantes, Judy Austin and Dennis Craker of the Sun City Bicycle Club accept a check from Ms. Dorantes representing Provident Bank's Community Partnership Program.

Sun City Bicycle Club

Do you want to get a little exercise and see more of Sun City at a leisurely pace? Come and join a few bicycle riders on Tuesday morning at 8:30 a.m. We meet in the parking lot at the SW corner of Sun City Blvd. and Cherry Hills. Look for us under the big trees near the Lawn Bowl courts.

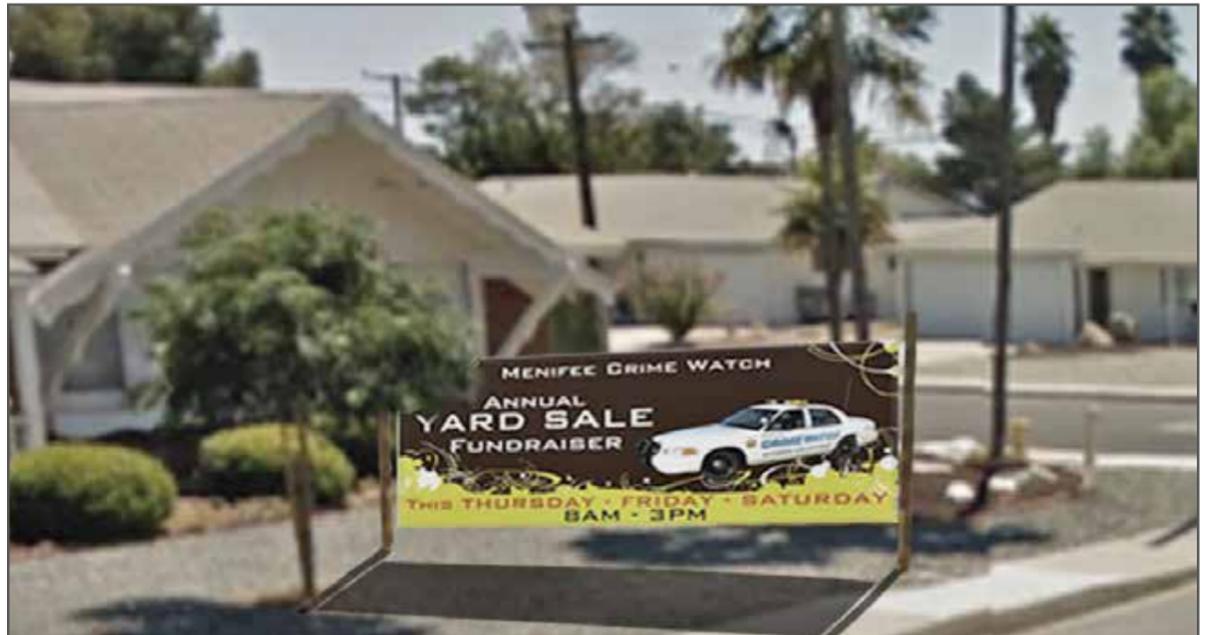
We have a weekly bike ride of about 40 minutes, then return to Webb Hall for a little social time, some donuts, coffee/tea/cocoa and conversation.

The Bicycle Club is one of the oldest clubs in Sun City, dating back to 1962. Bicycling is one of the best forms of exercise and we try to accommodate riders of all levels, short of Tour de California!

We have riders from ages 55 to 85 and non-riding members into their upper 90s.

We also have a couple of dinner parties a year and occasional entertainment at meetings and parties. Cost to join is \$10 a year. If you are interested, call Gary Barton at [951-244-5830](tel:951-244-5830). Hope to see you there!

Please help support Crime Watch's yard sale fundraiser!!



You won't be able to miss this banner!

Menifee Crime Watch's biggest fundraiser – the annual yard sale – is just around the corner! It has been scheduled for Thursday July 24th and Friday July 25th ... and, IF we receive enough donated items, the yard sale will continue on Saturday July 26th.

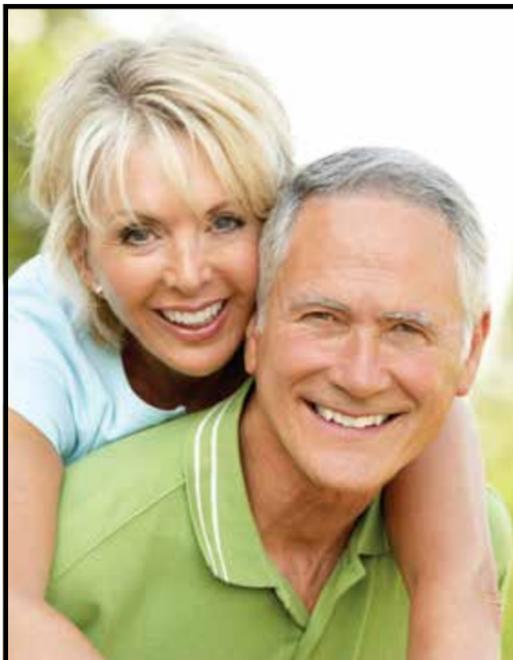
Menifee Crime Watch is appealing to the public to help make this year's fundraiser a success by asking you to **please donate any of your unwanted/unneeded items for the event by Sunday July 13th**.

You can bring items to the Crime Watch office, Monday through Friday (27851 Bradley Rd., #190, Sun City) or directly to the yard sale location,

which will be at 28864 Murrieta Rd, the northeast corner of Murrieta Rd and Worcester Rd. Please do not donate large, heavy items unless you are able to unload them alone, as there is typically no one at these locations who can lift heavy things.

Thank you for supporting Menifee Crime Watch, an all-volunteer organization, "helping to keep Menifee safe".

Interested in becoming a volunteer? No experience necessary! For an application, just visit our website at www.MenifeeCrimeWatch.com or drop by our office; or, for more information, call 951-679-7031.



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FROM THE SCCA OFFICE TO YOU

From the Activities Office

Notice to all SCCA PSO/Club Presidents: Please be sure to turn in your Club sign-in sheets on a regular basis! Per the Facilities Use Procedures each club must use the sign-in sheets provided by the SCCA and are responsible for turning them in on a regular basis. See below:

IX. USE OF FACILITIES

G Clubs must use the sign-in sheets provided by the SCCA (available from the SCCA Office) for each meeting or gathering of their members on SCCA Property. The sign-in sheets are to be turned in to the SCCA Office weekly or monthly, depending on how often the Club meets.

These sign-in sheets are crucial for the SCCA Office to have when incidents occur within a club or in the event the club must be temporarily relocated. As many of you are aware the plans for Webb Hall Renovations are fast approaching, which means that there will be a lot of club changes occurring within the next few months. We are trying our best to prepare and seek alternatives for your clubs, but we need to know how many members your club currently has so we can find the best option for you. Therefore, **we need your help!** Please be sure to turn in your club sign-in sheets regularly so we can prepare for any changes that will occur when we begin renovations.

Also, if your PSO/club owns their own coffee pot, please be sure to clearly label it! The SCCA have received new coffee pots which will be set up by maintenance staff from now on as to ensure coffee pots do not go missing.

If you are interested in creating and assisting the SCCA with planning more social activities and events please come into the SCCA Office to join the Social Activities Committee. We are in need of residents that are creative, filled with great ideas for new events and enjoy having a good time.

If you don't have the time to commit but want to help please feel free to email your ideas or event suggestions to Alesia at activities@suncitycivic.com.

*Submitted by Alesia Strachan
Activities Coordinator*

From Code Compliance

Did you know that this is the time of year when the kids are getting out of school for the summer? Please keep in mind that home and vehicles burglaries go up at this time of the year. Please keep your doors and windows locked at your homes and on your vehicles. Please do not leave your garage doors open or if you have an open carport, do not store items in plain sight. One more thing, please do not leave electronics in plain sight in your car, this is just asking for trouble. Stay Cool!

*Submitted by Mario Trujillo
Code Compliance*

From Director of First Impressions

If you move from one residence to another within the Association you will need to register under the new address within 14 days upon moving in. Failure to re-register under new address could result in activity cards being deactivated and a violation imposed on the property.

So, please be sure to inform the office when you do move from one residence to another!!

*Submitted by Lisa Lynne
Director of First Impressions*

From Administrative Assistant

AS A REMINDER TO ALL CORBETT PARK SPACE HOLDERS

*ANNUAL RENT STATEMENTS WERE SENT TO ALL PROPERTY OWNERS—WHERE AS TENANTS/RENTERS MAY NOT HAVE RECEIVED THEM! *

The Annual Statements for Corbett RV Park were mailed on June 1, 2014 to all Property Owners. Because of this, Renters/Tenants may not receive their statements. If you have a space at Corbett Park and have not received your statement by June 15th, you should contact the Administrative Office at 951-679-2311. The annual rent is due by July 1, 2014 and will be considered late by July 15.

When a person is renting or leasing a property, if the Owner provides us with a signed Assignment of Privileges form, that as a renter/lessor you are entitled to not only utilize Corbett RV Park but also participate in over 50 different clubs, use the two Olympic size pools, spa and exercise room!!!

There are many benefits to living in the Core area and if you would like additional information about what we offer, we welcome you to call or come in to our office. We are located at 26850 Sun City Boulevard – Building A – Phone number 951-679-2311.

*Submitted by Becky Vredevelde
Administrative Assistant*

CLUB ACTIVITY

Dancercise – Happy hour for your brain and body

Without any doubt, exercise is the top recommendation for keeping your brain healthy and of course your body strong. Exercise increases blood flow to the brain and helps build new brain cells. Regular exercise can reduce your risk of developing Alzheimer's symptoms by up to 50%! The researched techniques in **Dancercise** allow you a unique avenue to challenge your brain and body to become fit and healthy. What will you do in **Dancercise**?

- Warm up with a little chair volleyball to begin the day with a smile.
- Dance-style exercise with combinations that are easy to learn and fun to do. The easy movements help get your heart and muscles strong.
- Hand coordination exercises with balls and bean bags to improve brain function.
- Balance exercises to prevent falls as well as train your mind to respond quickly.
- Crossing midline moves to improve motor skill development and increase cognitive capacity.
- Super Brain Yoga to help boost brain function.
- Simple shaking movements to help

release tension in your muscles, lubricate your joints, improve circulation, and help reduce and release the stress hormone cortisol from your body.

- Finger exercises to stimulate nerve endings that go directly to the brain. By developing the finger-to-thought connection you begin to improve the fine motor responses that can contribute to brain plasticity.
- Peripheral vision work to stimulate the production of acetylcholine in the brain. Acetylcholine is critical for focus and for the process of memory development. Acetylcholine is greatly diminished in Alzheimer's patients...don't let that happen to you!
- Abdominal exercises. Well, if you are going to live a long healthy life... you better look good too!

Come join the fun. This is the exercise class that whispers exercise and shouts fun. Hurry, the music is about to start! See you in class! Tuesdays and Thursdays at 7:45 a.m. – 9:00 a.m. in North Town Hall. SCCA # required. \$3 per class. www.CanyonPress.net Instructor – Debbi Harper



Coffee and Conversation

Want a local place to meet friends and meet new people? The Sun City Civic Association will now be hosting a **Coffee and Conversation** session every Monday at 8:00 a.m. – 12:00 p.m. in the Wii Room. We are opening up our doors to allow our residents to use this room as a meeting place for their acquaintances and friends they have yet to meet.

PET CORNER

BY PAT THURMAN
CORE COURIER CONTRIBUTOR

Ragdoll Cats

Ragdolls were originated by Ann Baker a breeder in Riverside, California. This was in early 1960 and it is believed that a white Persian-Angora like cat named Josephine with outcrossing's to Birman-like and Burmese-like cats started it all. Baker's breeding program consisted of a few breeders that she had under contract and Ann was paid a royalty fee for every kitten sold.

Baker's claims and statements about the breed became strange, supernatural, and hard to believe. She publicized statements outlining how Ragdolls have human genes in them, that they are immune to pain and they represent a link between space aliens and us!

Breeders broke away from her but Baker continued breeding them saying they are highly affectionate companions with a lot of love to share with humans.

Denny Dayton was a very instrumental figure in the history and development of this breed. He made the breed legitimate and acceptable by cat fanciers' standards and succeeded to get the Ragdoll breed first recognized in 1967 by the United States.

Keeping such a rare treasure indoors, neutering or spaying and providing acceptable surfaces for the natural behavior of scratching are important elements for maintaining a healthy, long and joyful life for these Ragdolls. (www.ragdoll-cats.com)

Acetaminophen Toxicity in Pets

Cats are 7 to 10 times more susceptible to acetaminophen toxicity than dogs are. Once swallowed, acetaminophen reaches the blood stream within 30 minutes and toxic effects are rapid and damage the liver and red blood cells. Acetaminophen is the active ingredient in Tylenol and some other related medicines that are used to treat pain and fever in people.

Cats are much more at risks of toxicity because they lack certain proteins necessary for the liver to safely metabolize acetaminophen. Never give a medicine intended for people to your pets unless instructed by your veterinarian! (www.vetstreet.com)

Bird Lovers Hints

Birds appreciate year-round seed feeding from a well-kept feeder. They also like a misting or trickling water and love to sip from grass you just watered. Birdbaths increase your chances of getting a glimpse of birds bathing and having fun in the water. If your yard has thick hedges, shrubs, or vines, this will attract the birds to them for roosting.

Leave the dead seed heads intact on your flowers in the fall and they might attract the songbirds to come and feast on them. Plant trees and shrubs containing berries that remain throughout winter, like American holly, American cranberry-bush, viburnum and juniper. Hanging hummingbird and oriole feeders also attract our feathered friends.

Low cost vaccine clinic schedule

Offered twice a month at the Riverside County Dept. of Animal Services located at, 6851 Van Buren Blvd., Jurupa Valley. Both dogs and cats vaccines and microchips will be available on the following dates: July 19th between 10 a.m. – 1 p.m., Aug. 6th between 6 p.m. – 8 p.m., Aug. 16th between 10 a.m. – 1 p.m., Sept. 3rd between 6 p.m. – 8 p.m., Sept. 20th between 10 a.m. – 1 p.m., Oct. 1st between 6 p.m. – 8 p.m., Oct. 18th between 10 a.m. – 1 p.m., Nov. 5th between 6 p.m. – 8 p.m., Nov. 15th between 10 a.m. – 1 p.m., Dec. 3rd between 6 p.m. – 8 p.m., and Dec. 20th between 10 a.m. – 1 p.m.

Benefits of Elevated Pet Feeders

Veterinarians recommend elevated feeders for dogs and cats because they promote hygiene and cleanliness, easier eating and drinking for pets with arthritis or neck and back problems, aid cats and dogs with megaesophagus, (Esoph-

agus which is tube that leads from mouth to stomach becomes large and flaccid. Instead of moving food down to stomach through muscular contractions, the enlarged and weak esophagus dilates and allows food to accumulate there instead of in stomach. This can lead to regurgitation.) helps owner who have physical disabilities themselves.

These feeders are better for older pets, are easy to clean under, prevent cats from playing in their water. They also it benefits pets with stiff muscles, or sore joints, particularly pets with neck and back problems. An elevated feeder will allow gravity to help get the food down to the stomach. (Drs. Foster & Smith)

Good News for bulls

The Supreme Court of India has banned the use of bulls for entertainment. This is a landmark ruling that means the end of horse and bull races, bullock races, and jallikattu – in which crowds torment bulls. Humane Society International board and staff members were among the many who helped to make this happen, and they continue to work to help the 250,000 bulls killed each year around the world.

In Spain, they are working with local organizations to stop bull fiestas in which crowds chase and taunt terrified animals before killing them! Break a Spear campaign calls for an end to the chasing and stabbing of a bull during the annual Toro de la Vega fiesta in Tordesillas.

Finally, they are working to end bullfighting and seek to raise public awareness that this needless cruelty is often subsidized by taxpayers' money. Tourist interests in these activities are waning and, most importantly most citizens are against it!

K9 Adoptions: They want to thank all of our residents that donated items for their garage sale and to the others that came and bought or donated money so we can continue to rescue and save the pets here in Sun City. **Comments or questions to:** petcorner2896@aol.com

CLUB ACTIVITY

NARFE — Serving Federal Employees for more than 90 Years

The National Association of Retired Federal Employees (NARFE), a not-for-profit organization, was founded in 1921 by 14 employees with a goal to protect retirement benefits of federal annuitants, their spouses, survivors and families. We are a 501c(4) not for profit organization. Our IRS Tax ID Number is 95-6196466.

Today NARFE's membership includes almost 300,000 active federal workers, retirees, spouses and survivors, all united in their goal of guaranteeing the economic security and well-being of active federal employees and those who have retired and their survivors.

The United States government has always recognized the invaluable resource represented by its work force and seeks to honor its moral responsibility to it by offering civil service employees adequate benefits upon retirement. Unfortunately, other

considerations sometimes take priority.

With its membership base, NARFE has become an effective and highly respected legislative force on Capitol Hill and in state legislatures across the nation, including here in California, to ensure that promised benefits are not eroded. Also, as a special project, NARFE has undertaken to actively support Alzheimer's Disease Research, and so far has raised almost \$11,000,000.

At the field level, there are more than 1400 local chapters, including Southwest Riverside County, which meets at 1:00 p.m., the second Monday of each month, at the North Town Hall, Sun City Civic Association Complex, 26850 Sun City Blvd, Sun City.

Line Dance Club

Have you ever watched the line dancers and wanted to learn how? Do you want to have a great time with lots of laughter and a wonderful way to meet new friends?

There are now two opportunities a week to do just that and even bet-

ter, the classes are FREE!!

No partners needed and even those with two left feet can learn—classes are geared to beginners with a few tougher dances to keep everyone challenged.

You don't even need to wear cowboy boots or hats, whatever is comfortable for you (flip flops are not a good idea, though).

We dance to rock, oldies, Latin, and country western, too. Wednesday evenings from 5:30 p.m. to 7:30 p.m. and Friday mornings from 10 a.m. to noon in North Town Hall.

It's great exercise for the body and the mind, too. For more information, call Mickey at 951-672-2212.

Monday-Wednesday Pinochle Club

Come join the Pinochle Club held every Monday & Wednesday at 5:45 p.m. in Civic Hall. Newcomers are welcome! We're happy to teach you how to play. Come and enjoy the evening. Hope to see you soon! For more information contact Elizabeth Orlaski at 951-672-3453.

VFW Ladies Auxiliary Post 1956 Spaghetti Dinner

Annual Fundraising Dinner for Continued Support of all Veteran's and families in Sun City hosted by VFW Auxiliary Post 1956 to be held Saturday September 27th, 2014 in Civic Hall Sun City Civic Association 26850 Sun City Blvd, Sun City, CA 92586 between 5:00 p.m. – 9:00 p.m. Dinner will be served at 5:00 p.m. Ticket prices \$7.00 per ticket! Ticket purchase deadline is September 22nd – tickets will not be sold at the door. For information please contact Beverly Humble at 951-672-8327 or Renee Haynes 951-246-8811.



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My name is Minnie. I met my first family when I was real small, they were very nice. When I was 2 they gave me to a friend to find me a new home because

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