Savvy Caregiver

Free Course – IN MENIFEE

Helping Alzheimer's Family Caregivers Care *with* Savvy

- understand Alzheimer's disease & dementia
- learn about the stages of this disease
- how to help your loved one and understand disease related behavior's
- learn what to do when routine tasks become challenging
- recognize the importance of taking care of you

WEDNSDAY'S – September 19 – October 24, 2018

1:00 p.m. to 3:00 p.m. * All Sessions Required

Location: Sun City Civic Association
26850 Sun City Blvd.
Sun City, CA 92586

THE SHELLA FOUNDATION

***** REGISTRATION REQUIRED – LIMITED RESPITE AVAILABLE *****

Sergio Calderón, MPH / Master Trainer | 951-241-7871 | scalderon@alzgla.org

"The Savvy Caregiver Program is generously funded in Riverside County by the Office on Aging."